

**Ergebnisliste Wremer Deichlauf  
( nach Altersklassen )**

**5000      Meter**

| Rang                    | Abs | Name                   | Verein               | Zeit  | Km/h | Zeit/Km |
|-------------------------|-----|------------------------|----------------------|-------|------|---------|
| <b>FRAUEN 20-29</b>     |     |                        |                      |       |      |         |
| 1                       | 33  | WAWRZYNI AK, I NA      | POLI ZEI CUXHAVEN    | 25:04 | 12   | 5:01    |
| <b>FRAUEN 30-34</b>     |     |                        |                      |       |      |         |
| 1                       | 23  | WAGNER, SONJA          | POLI ZEI CUXHAVEN    | 23:37 | 12,7 | 4:43    |
| <b>FRAUEN 35-39</b>     |     |                        |                      |       |      |         |
| 1                       | 44  | JANSSEN, KATRIN        |                      | 26:23 | 11,4 | 5:17    |
| <b>FRAUEN 40-44</b>     |     |                        |                      |       |      |         |
| 1                       | 45  | RODENBURG, BEATE       | HSG GEESTEMÜNDE      | 27:01 | 11,1 | 5:24    |
| 2                       | 55  | SCHWARZER, CLAUDIA     | TUS WREMEN           | 28:26 | 10,6 | 5:41    |
| <b>FRAUEN 50-54</b>     |     |                        |                      |       |      |         |
| 1                       | 37  | VOGT, EDELGARD         | FI SHTOWN RUNNERS    | 25:58 | 11,6 | 5:12    |
| 2                       | 54  | GEBHARDT, BRITGITTE    |                      | 28:24 | 10,6 | 5:41    |
| <b>FRAUEN 55-59</b>     |     |                        |                      |       |      |         |
| 1                       | 50  | KRAMER-MILBRADT, HEIDI | LAUFTREFF BÜRGERPARK | 28:01 | 10,7 | 5:36    |
| 2                       | 62  | KIRSCHNING, TELSE      | WALKING              | 43:40 | 6,9  | 8:44    |
| <b>FRAUEN 60-64</b>     |     |                        |                      |       |      |         |
| 1                       | 47  | SCHÜSSLER, RITA        | TUS WREMEN 09        | 27:40 | 10,8 | 5:32    |
| <b>FRAUEN 65-69</b>     |     |                        |                      |       |      |         |
| 1                       | 60  | SCHOLL, BRIGITTE       |                      | 36:32 | 8,2  | 7:18    |
| <b>WEIBL. JUGEND -B</b> |     |                        |                      |       |      |         |
| 1                       | 18  | KÖSTER, SABRINA        | LAV BOKEL            | 22:57 | 13,1 | 4:35    |
| 2                       | 34  | GRIFFEL, SVENJA        | TSV BEDERKESA        | 25:07 | 11,9 | 5:01    |
| 3                       | 40  | GENUTTIS, NELE         | TSV WEHDEL           | 26:12 | 11,5 | 5:14    |
| <b>WEIBL. SCHÜLER-A</b> |     |                        |                      |       |      |         |
| 1                       | 56  | WENDELKEN, ILKA        | TSV HOLBEL           | 32:10 | 9,3  | 6:26    |
| <b>WEIBL. SCHÜLER-B</b> |     |                        |                      |       |      |         |
| 1                       | 21  | PAPE, CELINA           | LAV BOKEL            | 23:19 | 12,9 | 4:40    |
| 2                       | 31  | HETMANN, MEIKE         |                      | 24:37 | 12,2 | 4:55    |
| 3                       | 42  | SCHWARZER, HANNAH      | TUS WREMEN           | 26:20 | 11,4 | 5:16    |

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## 5000 Meter

| Rang                    | Abs | Name                    | Verein            | Zeit  | Km/h | Zeit/Km |
|-------------------------|-----|-------------------------|-------------------|-------|------|---------|
| <b>MÄNNER 20-29</b>     |     |                         |                   |       |      |         |
| 1                       | 17  | HOLTZ, RUDOLPH          | TSG NORDHOLZ      | 22:55 | 13,1 | 4:35    |
| 2                       | 27  | SCHULZ, MALTE           | TSV SIEVERN       | 23:59 | 12,5 | 4:48    |
| 3                       | 51  | PESCHEL, GEORG          |                   | 28:17 | 10,6 | 5:39    |
| <b>MÄNNER 30-34</b>     |     |                         |                   |       |      |         |
| 1                       | 2   | VELDEN, BERND           | FI SHTOWN RUNNERS | 19:16 | 15,6 | 3:51    |
| 2                       | 5   | PAHLKE, THOMAS          | FI SHTOWN RUNNERS | 19:35 | 15,3 | 3:55    |
| <b>MÄNNER 35-39</b>     |     |                         |                   |       |      |         |
| 1                       | 1   | BRUNKHORST, HOLGER      | AHRENSWOHLDE      | 18:18 | 16,4 | 3:40    |
| 2                       | 9   | HARGES, THOMAS          | TSV OTTERNDORF    | 21:25 | 14   | 4:17    |
| 3                       | 14  | BUNJES, INGO            | LAV BOKEL         | 21:54 | 13,7 | 4:23    |
| <b>MÄNNER 40-44</b>     |     |                         |                   |       |      |         |
| 1                       | 6   | PAPE, THORSTEN          | LAV BOKEL         | 20:07 | 14,9 | 4:01    |
| 2                       | 11  | PRIGGE, HOLGER          | OSC BREMERHAVEN   | 21:33 | 13,9 | 4:19    |
| 3                       | 13  | MERTENS, UWE            | TSV NORDHOLZ      | 21:47 | 13,8 | 4:21    |
| 4                       | 16  | RICHTER, SVEN           | SUBROSA           | 22:34 | 13,3 | 4:31    |
| 5                       | 30  | OTTEN, JENS             |                   | 24:35 | 12,2 | 4:55    |
| 6                       | 35  | ERNST, THORSTEN         | TUS WREMEN        | 25:37 | 11,7 | 5:07    |
| 7                       | 46  | SCHWARZER-WIGGEN, JOHAN | TUS WREMEN        | 27:07 | 11,1 | 5:25    |
| <b>MÄNNER 45-49</b>     |     |                         |                   |       |      |         |
| 1                       | 3   | KRETSCHMER, REINHOLD    |                   | 19:29 | 15,4 | 3:54    |
| 2                       | 7   | HETMANN, MEIK           |                   | 20:16 | 14,8 | 4:03    |
| 3                       | 61  | ALBRECHT, JÜRGEN        |                   | 36:33 | 8,2  | 7:19    |
| <b>MÄNNER 50-54</b>     |     |                         |                   |       |      |         |
| 1                       | 25  | HÄRTEL, RÜDIGER         | OSC BREMERHAVEN   | 23:54 | 12,6 | 4:47    |
| 2                       | 29  | SADATZKI, NORBERT       | TSV OTTERNDORF    | 24:22 | 12,3 | 4:52    |
| 3                       | 58  | GAHL, LOTHAR            | TSV OTTERNDORF    | 33:04 | 9,1  | 6:37    |
| <b>MÄNNER 55-59</b>     |     |                         |                   |       |      |         |
| 1                       | 22  | MILEWSKI, HANS-JOACHIM  | TSV OTTERNDORF    | 23:22 | 12,8 | 4:40    |
| 2                       | 32  | JAGIELKI, WILLY         | TUS WREMEN 09     | 24:41 | 12,2 | 4:56    |
| 3                       | 38  | OBERFELD, REINHARD      |                   | 26:03 | 11,5 | 5:13    |
| 4                       | 43  | KIRSCHNIG, GÜNTER       | SG HOLZHEIM       | 26:22 | 11,4 | 5:16    |
| <b>MÄNNER 60-64</b>     |     |                         |                   |       |      |         |
| 1                       | 39  | MARTENS, HANS-WILLI     | TSV MULSUM        | 26:06 | 11,5 | 5:13    |
| 2                       | 48  | SCHÜSSLER, THEO         | TUS WREMEN 09     | 27:41 | 10,8 | 5:32    |
| 3                       | 49  | LORENZ, MANFRED         | LEHER TS          | 27:59 | 10,7 | 5:36    |
| <b>MÄNNER 65-69</b>     |     |                         |                   |       |      |         |
| 1                       | 26  | HANSEN, HARALD          | TSV SIEVERN       | 23:56 | 12,5 | 4:47    |
| 2                       | 36  | BRUMMERLOH, ERHARD      | TSV WORPSWEDE     | 25:48 | 11,6 | 5:10    |
| 3                       | 53  | PAWLICK, DIETER         | LEHER TS          | 28:21 | 10,6 | 5:40    |
| 4                       | 59  | WEBER, FRANZ            | LG BÜRGERPARK     | 33:51 | 8,9  | 6:46    |
| <b>MÄNNER 70-74</b>     |     |                         |                   |       |      |         |
| 1                       | 19  | EBERLEIN, HANS-GEORG    | TSV WANNA         | 23:11 | 12,9 | 4:38    |
| <b>MÄNNL. JUGEND -B</b> |     |                         |                   |       |      |         |
| 1                       | 4   | ENGELMANN, VOLKER       | TSV SIEVERN       | 19:33 | 15,3 | 3:55    |
| 2                       | 15  | BECHER, RENE            | TUS WREMEN 09     | 21:57 | 13,7 | 4:23    |
| <b>MÄNNL. SCHÜLER-A</b> |     |                         |                   |       |      |         |
| 1                       | 8   | HULJUS, LENNARD         | TSV BEDERKESA     | 20:57 | 14,3 | 4:11    |
| 2                       | 10  | SCHWARZ, EIKE           | TUS WREMEN 09     | 21:29 | 14   | 4:18    |
| 3                       | 12  | PRANGE, NORMAN          | TSV BEDERKESA     | 21:43 | 13,8 | 4:21    |
| 4                       | 28  | OLBERS, JANNIK          | TV LANGEN         | 24:18 | 12,3 | 4:52    |

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| Rang                    | Abs | Name               | Verein        | Zeit  | Km/h | Zeit/Km |
|-------------------------|-----|--------------------|---------------|-------|------|---------|
| <b>MÄNNL. SCHÜLER-B</b> |     |                    |               |       |      |         |
| 1                       | 20  | SCHWARZ, HAUKE     | TUS WREMEN 09 | 23:15 | 12,9 | 4:39    |
| 2                       | 57  | KLETT, PHILIP      | TUS WREMEN 09 | 32:12 | 9,3  | 6:26    |
| <b>MÄNNL. SCHÜLER-C</b> |     |                    |               |       |      |         |
| 1                       | 24  | BUNJES, KIM JONAH  | LAV BOKEL     | 23:45 | 12,6 | 4:45    |
| 2                       | 41  | HOLTZ, CHRISTOPHER | TSG NORDHOLZ  | 26:17 | 11,4 | 5:15    |
| 3                       | 52  | PAWLICK, DOMINIK   | LEHER TS      | 28:19 | 10,6 | 5:40    |

# **Ergebnisliste Wremer Deichlauf** ( nach Altersklassen )

## **15800      Meter**

| Rang                    | Abs | Name                      | Verein          | Zeit    | Km/h | Zeit/Km |
|-------------------------|-----|---------------------------|-----------------|---------|------|---------|
| <b>FRAUEN 20-29</b>     |     |                           |                 |         |      |         |
| 1                       | 92  | BLASCHKE, FRAUKE          | TSV NEUENWALDE  | 1:38:56 | 9,6  | 6:16    |
| <b>FRAUEN 30-34</b>     |     |                           |                 |         |      |         |
| 1                       | 59  | SCHRÖDER, MARI TA         | TSV OTTERNDORF  | 1:25:01 | 11,2 | 5:23    |
| <b>FRAUEN 35-39</b>     |     |                           |                 |         |      |         |
| 1                       | 39  | GREWE, BIRGIT             | TSV NEUENWALDE  | 1:18:13 | 12,1 | 4:57    |
| 2                       | 71  | BRAKHAGE, I SABELLE       |                 | 1:28:24 | 10,7 | 5:36    |
| 3                       | 74  | ALTENBERG, UTE            | TSV KÜHRSTEDT   | 1:29:00 | 10,7 | 5:38    |
| 4                       | 99  | VON HEYGENDORFF, I NGEORG |                 | 1:43:31 | 9,2  | 6:33    |
| <b>FRAUEN 40-44</b>     |     |                           |                 |         |      |         |
| 1                       | 27  | SCHIER, MARI ANNE         | LG KEHDI NGEN   | 1:15:32 | 12,6 | 4:47    |
| 2                       | 58  | GROTH, HEI KE             | TSV NEUENWALDE  | 1:24:37 | 11,2 | 5:21    |
| 3                       | 80  | SCHULT, BARBARA           | TSV WANNA       | 1:31:21 | 10,4 | 5:47    |
| 4                       | 84  | FINK, ANJA                | TSV NEUENWALDE  | 1:31:46 | 10,3 | 5:48    |
| 5                       | 85  | OLDENBÜTTEL, HI LKE       | TSV NEUENWALDE  | 1:31:47 | 10,3 | 5:49    |
| 6                       | 90  | KRAMER-GRÖHL, UTE         |                 | 1:38:49 | 9,6  | 6:15    |
| 7                       | 02  | RÖRIG, KERSTIN            | TUS WREMEN 09   | 2:06:50 | 7,5  | 8:02    |
| <b>FRAUEN 45-49</b>     |     |                           |                 |         |      |         |
| 1                       | 49  | LEMKE, ANNETTE            | SPORTCLUB BALJE | 1:21:08 | 11,7 | 5:08    |
| 2                       | 50  | GRÜNDI NG, EVA            | TSV OTTERNDORF  | 1:21:11 | 11,7 | 5:08    |
| 3                       | 56  | GRI FFEL, ANKE            | TSV BEDERKESA   | 1:23:18 | 11,4 | 5:16    |
| <b>FRAUEN 50-54</b>     |     |                           |                 |         |      |         |
| 1                       | 35  | PROTMANN, I NGRI D        | VFL WI NGST     | 1:17:27 | 12,2 | 4:54    |
| 2                       | 44  | WERNET, KERSTIN           | SG PLATJENWERBE | 1:20:09 | 11,8 | 5:04    |
| 3                       | 79  | KLUSCHKE, ERI KA          | SC-LEHE SPADEN  | 1:31:20 | 10,4 | 5:47    |
| 4                       | 96  | SETHMANN, GERDA           | SPORTCLUB BALJE | 1:41:32 | 9,3  | 6:26    |
| <b>FRAUEN 60-64</b>     |     |                           |                 |         |      |         |
| 1                       | 94  | GÖKE, MONI KA             | TSG NORDHOLZ    | 1:40:19 | 9,5  | 6:21    |
| 2                       | 02  | REGLI N, MARLENE          | OSC BREMERHAVEN | 2:05:28 | 7,6  | 7:56    |
| <b>WEIBL. JUGEND -B</b> |     |                           |                 |         |      |         |
| 1                       | 02  | FIEDLER, FREYA            | TUS WREMEN 09   | 1:59:02 | 8    | 7:32    |

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## 15800 Meter

| Rang | Abs | Name | Verein | Zeit | Km/h | Zeit/Km |
|------|-----|------|--------|------|------|---------|
|------|-----|------|--------|------|------|---------|

### MÄNNER 30-34

|   |    |                  |                       |         |      |      |
|---|----|------------------|-----------------------|---------|------|------|
| 1 | 1  | FABIAN, MARKUS   | LG BREMEN NORD        | 1:01:21 | 15,5 | 3:53 |
| 2 | 5  | VELDEN, FRANK    | FI SHTOWN-RUNNERS-BRH | 1:05:55 | 14,4 | 4:10 |
| 3 | 11 | SCHNELLE, TORBEN | OSC TRIATHLON         | 1:07:55 | 14   | 4:18 |
| 4 | 36 | WI TOWSKI , JÖRN |                       | 1:17:41 | 12,2 | 4:55 |
| 5 | 78 | FOLKENS, MARK    |                       | 1:31:10 | 10,4 | 5:46 |

### MÄNNER 35-39

|    |    |                      |                      |         |      |      |
|----|----|----------------------|----------------------|---------|------|------|
| 1  | 3  | SCHWIE MANN, MARIO   | TSV OTTERNDORF       | 1:03:08 | 15   | 3:60 |
| 2  | 4  | DOCK, KLAUS          | LOKOMOTI VE DUHNEN   | 1:05:11 | 14,5 | 4:08 |
| 3  | 6  | BEGE R, JÖRN         | LAV BOKEL            | 1:06:14 | 14,3 | 4:12 |
| 4  | 10 | DI ECKMANN, HEI KO   | TSV OTTERNDORF       | 1:07:48 | 14   | 4:17 |
| 5  | 14 | FREY, JÜRGEN         | TSV I HLI ENWORTH    | 1:11:32 | 13,3 | 4:32 |
| 6  | 17 | CYPLI K, SVEN        |                      | 1:12:18 | 13,1 | 4:35 |
| 7  | 23 | SCHWALM, HOLGER      | LAV BOKEL            | 1:13:29 | 12,9 | 4:39 |
| 8  | 25 | LAMPERT, ROGER       | SWB-RUNNERS          | 1:14:52 | 12,7 | 4:44 |
| 9  | 26 | MANNOTT, JÖRG        |                      | 1:15:17 | 12,6 | 4:46 |
| 10 | 32 | KÖSTER, AXEL         | TV LOXSTEDT          | 1:16:50 | 12,3 | 4:52 |
| 11 | 37 | JACOBS, GERMAN       | CUXHAVEN             | 1:17:54 | 12,2 | 4:56 |
| 12 | 45 | KI ES, BERND         |                      | 1:20:18 | 11,8 | 5:05 |
| 13 | 57 | MÜLLI NG, MATHI AS   |                      | 1:24:04 | 11,3 | 5:19 |
| 14 | 63 | REYSEN, MAI K        |                      | 1:25:46 | 11,1 | 5:26 |
| 15 | 64 | BELLUSCI , VI NCENZO | SPI RI DON HYMENDORF | 1:26:09 | 11   | 5:27 |
| 16 | 93 | LEMBKE, CHRI STOPH   | GEESTEMÜNDER TV      | 1:39:33 | 9,5  | 6:18 |
| 17 | 98 | TAEGE R, SVEN        | TUS WREMEN 09        | 1:43:26 | 9,2  | 6:33 |
| 18 | 02 | REI MERS, BJÖRN      | BSC GRÜNHÖFE         | 1:44:12 | 9,1  | 6:36 |

### MÄNNER 40-44

|    |    |                          |                      |         |      |      |
|----|----|--------------------------|----------------------|---------|------|------|
| 1  | 8  | HÖCK, MI CHAEL           | SC HEMMOOR           | 1:07:25 | 14,1 | 4:16 |
| 2  | 12 | BARBOSA, JOSE            | FI SHTOWN RUNNERS    | 1:10:23 | 13,5 | 4:27 |
| 3  | 16 | EFFE, FRED               |                      | 1:11:55 | 13,2 | 4:33 |
| 4  | 22 | ENGELMANN, KURT          | TSV SI EVERN         | 1:13:20 | 12,9 | 4:38 |
| 5  | 28 | SCHI ER, ANDREAS         | LG KEHDI NGEN        | 1:15:33 | 12,5 | 4:47 |
| 6  | 30 | ALDAG, JÖRG              | SC HEMMOOR           | 1:16:17 | 12,4 | 4:50 |
| 7  | 38 | MEI ER, THOMAS           | TSV SI EVERN         | 1:18:07 | 12,1 | 4:57 |
| 8  | 46 | BEUGFELD, JENS           | VEGESACKER RUDERVER. | 1:20:50 | 11,7 | 5:07 |
| 9  | 47 | WESTPHAL, HOLGER         | TSG NORDHOLZ         | 1:20:59 | 11,7 | 5:08 |
| 10 | 60 | JACOBS, NORBERT          | SG STERN DÜSSELDORF  | 1:25:05 | 11,1 | 5:23 |
| 11 | 62 | KNORR, THOMAS            | TSV I HLI ENWORTH    | 1:25:27 | 11,1 | 5:24 |
| 12 | 72 | NI ESWANDT, JÖRG         |                      | 1:28:26 | 10,7 | 5:36 |
| 13 | 83 | VAN RAAG, MARCO          | DORUM                | 1:31:44 | 10,3 | 5:48 |
| 14 | 86 | JESS-TI EDEMANN, RAI NER |                      | 1:36:17 | 9,8  | 6:06 |

### MÄNNER 45-49

|    |    |                        |                     |         |      |      |
|----|----|------------------------|---------------------|---------|------|------|
| 1  | 2  | ALBERS, DIRK           | MTV LÜDI NGWORTH    | 1:01:31 | 15,4 | 3:54 |
| 2  | 13 | LÜHRS, BERND           | TUS ALFSTEDT        | 1:11:29 | 13,3 | 4:31 |
| 3  | 20 | LEMKE, PETER           | SC BALJE            | 1:12:58 | 13   | 4:37 |
| 4  | 21 | VON HEYGENDORFF, PETER |                     | 1:13:09 | 13   | 4:38 |
| 5  | 24 | GARY, PETER            | DI TTTELBRONN       | 1:13:37 | 12,9 | 4:40 |
| 6  | 33 | HESSENI US, ONNO       | TSV WULSDORF        | 1:17:06 | 12,3 | 4:53 |
| 7  | 42 | HULJUS, UWE            | TSV BEDERKESA       | 1:19:11 | 12   | 5:01 |
| 8  | 52 | PEUKER, THOMAS         | PARKHAUS VI TALCLUB | 1:21:45 | 11,6 | 5:10 |
| 9  | 70 | KEMME, MARTI N         | KEEP ON RUNNI NG    | 1:28:01 | 10,8 | 5:34 |
| 10 | 82 | THADEN, ALFRED         |                     | 1:31:37 | 10,3 | 5:48 |
| 11 | 87 | KRAUß, THOMAS          | OSC BRHV TRIATHLON  | 1:36:56 | 9,8  | 6:08 |
| 12 | 91 | KLI TSCH, GUSTAV       |                     | 1:38:54 | 9,6  | 6:16 |

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|------|-----|------|--------|------|------|---------|
|------|-----|------|--------|------|------|---------|

### MÄNNER 50-54

|    |    |                    |                    |         |      |      |
|----|----|--------------------|--------------------|---------|------|------|
| 1  | 7  | BRAUNS, UWE        | OSC BREMERHAVEN    | 1:07:21 | 14,1 | 4:16 |
| 2  | 9  | WILHELMS, RALF     |                    | 1:07:46 | 14   | 4:17 |
| 3  | 15 | GENUTTIS, DIETER   | SWB-RUNNERS        | 1:11:50 | 13,2 | 4:33 |
| 4  | 18 | WERNET, ROLF       | SG PLATJENWERBE    | 1:12:27 | 13,1 | 4:35 |
| 5  | 19 | HOLTZ, NORBERT     | TSG NORDHOLZ       | 1:12:35 | 13,1 | 4:36 |
| 6  | 34 | MURR, ULRICH       | TSV OTTERNDORF     | 1:17:13 | 12,3 | 4:53 |
| 7  | 40 | HEINEMEYER, JÜRGEN |                    | 1:18:22 | 12,1 | 4:58 |
| 8  | 43 | BÖNEKER, CARSTEN   | LOKOMOTIVE DUHNEN  | 1:20:07 | 11,8 | 5:04 |
| 9  | 69 | TIETJE, WOLFGANG   | TSV MULSUM         | 1:27:44 | 10,8 | 5:33 |
| 10 | 73 | TREICHEL, EKKEHARD |                    | 1:28:43 | 10,7 | 5:37 |
| 11 | 75 | BÜSE, HANS-JÜRGEN  | KREISSPARKASSE OHZ | 1:29:19 | 10,6 | 5:39 |
| 12 | 97 | DIETSCH, WILFRIED  | TSV HOLBEL         | 1:42:34 | 9,2  | 6:29 |

### MÄNNER 55-59

|   |    |                   |                  |         |      |      |
|---|----|-------------------|------------------|---------|------|------|
| 1 | 29 | GÖKE, HELMUT      | TSG NORDHOLZ     | 1:16:15 | 12,4 | 4:50 |
| 2 | 31 | TIEDEMANN, GÜNTER | TSV HOLLEN       | 1:16:24 | 12,4 | 4:50 |
| 3 | 48 | THIES, GERHARD    | TSV MULSUM       | 1:21:03 | 11,7 | 5:08 |
| 4 | 54 | WEIGL, JOSEF      | FISHTOWN RUNNERS | 1:22:22 | 11,5 | 5:13 |
| 5 | 66 | UMLAND, MANFRED   | TSG NORDHOLZ     | 1:26:27 | 11   | 5:28 |
| 6 | 81 | WEINERT, WILFRIED | TSV WANNA        | 1:31:26 | 10,4 | 5:47 |

### MÄNNER 60-64

|   |    |                     |                    |         |      |      |
|---|----|---------------------|--------------------|---------|------|------|
| 1 | 41 | HOPPE, GERHARD      | SG PLATJENWERBE    | 1:18:31 | 12,1 | 4:58 |
| 2 | 51 | SÖHL, HERBERT       | TSV EBERSDORF      | 1:21:14 | 11,7 | 5:08 |
| 3 | 55 | EDEBOHLS, EWALD     | TSV WEHDEN         | 1:23:01 | 11,4 | 5:15 |
| 4 | 65 | BELLUSCI, GIACOMO   | SPIRIDON HYMENDORF | 1:26:10 | 11   | 5:27 |
| 5 | 76 | NEUMANN, KARL-HEINZ | LG BREMEN NORD     | 1:30:08 | 10,5 | 5:42 |
| 6 | 77 | EHLERS, JOACHIM     | KEEP ON RUNNING    | 1:30:19 | 10,5 | 5:43 |
| 7 | 88 | GOTTSCHALK, HEIKO   | OSC BREMERHAVEN    | 1:36:57 | 9,8  | 6:08 |

### MÄNNER 65-69

|   |    |                |                 |         |      |      |
|---|----|----------------|-----------------|---------|------|------|
| 1 | 61 | KRAMER, HORST  | OSC BREMERHAVEN | 1:25:22 | 11,1 | 5:24 |
| 2 | 67 | WEIGELT, ADOLF | BREMEN NORD     | 1:26:48 | 10,9 | 5:30 |
| 3 | 68 | BERFT, KLAUS   | OSC BREMERHAVEN | 1:26:49 | 10,9 | 5:30 |

### MÄNNER 70-74

|   |    |                  |            |         |     |      |
|---|----|------------------|------------|---------|-----|------|
| 1 | 89 | HEYROTH, WALTER  | TUS WREMEN | 1:38:35 | 9,6 | 6:14 |
| 2 | 95 | KIRCHNER, HARALD | TSV LANGEN | 1:40:52 | 9,4 | 6:23 |

### MÄNNL. JUGEND -B

|   |    |                 |               |         |      |      |
|---|----|-----------------|---------------|---------|------|------|
| 1 | 53 | MEHRTENS, DAVID | TUS WREMEN 09 | 1:22:01 | 11,6 | 5:11 |
|---|----|-----------------|---------------|---------|------|------|